



3.Lauf - Winterlaufserie 2016 des Eisenacher LV
Creuzburg / 20.03.2016

Detailed evaluation

Ellerkamm, Jürgen

Club: GutsMuths-Rennsteiglaufverein
Number: 459

Course: 11.30 km
Langdistanz

Category:
Senioren M75 (75 bis 79)

Total time: 1:03:32

Speed: 10.39 km/h
Running performance: 5:37 min/km

Rank in course/Total: 47 (of 54)

Rank in course/Men: 39 (of 40)

Best time in course: 41:21

Rank in category: 1(of 1)

Best time in the category: 1:03:32