



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Keiderling, Benjamin

Club: MEDLETIK Sports Team

Number: 17

Course: 20.00 km

20km Strecke

Category:

Männer (20-29 Jahre)

Total time: 1:26:18

Speed: 13.90 km/h

Running performance: 4:19 min/km

Rank in course/Total: 37 (of 528)

Rank in course/Men: 36 (of 390)

Best time in course: 1:09:23

Rank in category: 9(of 38)

Best time in the category: 1:09:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	43:10	4:18	6	7:39	30	7:39	10.00	43:10	4:18	6	7:39	30	7:39
Last lap Finish	10.00	43:08	4:18	9	9:16	42	9:16	20.00	1:26:18	4:18	9	16:55	36	16:55