



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Bechmann, Rico

Club: GutsMuths RSLV

Number: 290

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:27:26

Speed: 13.72 km/h

Running performance: 4:22 min/km

Rank in course/Total: 42 (of 528)

Rank in course/Men: 41 (of 390)

Best time in course: 1:09:23

Rank in category: 17(of 60)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	45:39	4:33	18	8:32	46	10:08	10.00	45:39	4:33	18	8:32	46	10:08
Last lap Finish	10.00	41:47	4:10	14	5:40	33	7:55	20.00	1:27:26	4:22	17	14:12	41	18:03