



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Cebulla, Michael

Club: SWV Goldlauter

Number: 541

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:28:48

Speed: 13.51 km/h

Running performance: 4:26 min/km

Rank in course/Total: 48 (of 528)

Rank in course/Men: 47 (of 390)

Best time in course: 1:09:23

Rank in category: 8(of 65)

Best time in the category: 1:10:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	45:19	4:31	8	8:54	44	9:48	10.00	45:19	4:31	8	8:54	44	9:48
Last lap Finish	10.00	43:29	4:20	8	9:13	48	9:37	20.00	1:28:48	4:26	8	18:07	47	19:25