



# 27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

## Detailed evaluation

**Kirchner, Holger**

Club: SV Werra 07 HBN

Number: 485

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:29:10

Speed: 13.46 km/h

Running performance: 4:28 min/km

Rank in course/Total: 50 (of 528)

Rank in course/Men: 48 (of 390)

Best time in course: 1:09:23

Rank in category: 6(of 51)

Best time in the category: 1:20:57

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	45:35	4:33	5	4:13	45	10:04	10.00	45:35	4:33	5	4:13	45	10:04
Last lap Finish	10.00	43:35	4:21	5	4:00	49	9:43	20.00	1:29:10	4:27	6	8:13	48	19:47