



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Ros, Sascha

Total time: 1:29:52

Number: 516

Speed: 13.35 km/h

Running performance: 4:29 min/km

Course: 20.00 km

Rank in course/Total: 52 (of 528)

20km Strecke

Rank in course/Men: 50 (of 390)

Best time in course: 1:09:23

Category:

Rank in category: 7(of 71)

Senioren M35 (35-39 Jahre)

Best time in the category: 1:19:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	46:11	4:37	6	5:33	49	10:40	10.00	46:11	4:37	6	5:33	49	10:40
Last lap Finish	10.00	43:41	4:22	7	4:35	50	9:49	20.00	1:29:52	4:29	7	10:08	50	20:29