



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Kamprath, Thomas

Club: Crazy Runners

Number: 16

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:31:17

Speed: 13.15 km/h

Running performance: 4:34 min/km

Rank in course/Total: 57 (of 528)

Rank in course/Men: 55 (of 390)

Best time in course: 1:09:23

Rank in category: 9(of 65)

Best time in the category: 1:10:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	47:30	4:45	9	11:05	59	11:59	10.00	47:30	4:45	9	11:05	59	11:59
Last lap Finish	10.00	43:47	4:22	9	9:31	51	9:55	20.00	1:31:17	4:33	9	20:36	55	21:54