



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Fischer, Sebastian

Number: 435

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:31:54

Speed: 13.06 km/h

Running performance: 4:36 min/km

Rank in course/Total: 61 (of 528)

Rank in course/Men: 59 (of 390)

Best time in course: 1:09:23

Rank in category: 9(of 71)

Best time in the category: 1:19:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	48:02	4:48	13	7:24	68	12:31	10.00	48:02	4:48	13	7:24	68	12:31
Last lap Finish	10.00	43:52	4:23	8	4:46	53	10:00	20.00	1:31:54	4:35	9	12:10	59	22:31