



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Weidenkaff, Ingo

Club: USV Erfurt

Number: 500

Course: 20.00 km

20km Strecke

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:32:33

Speed: 12.97 km/h

Running performance: 4:38 min/km

Rank in course/Total: 66 (of 528)

Rank in course/Men: 64 (of 390)

Best time in course: 1:09:23

Rank in category: 2(of 27)

Best time in the category: 1:30:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	48:19	4:49	3	2:19	75	12:48	10.00	48:19	4:49	3	2:19	75	12:48
Last lap Finish	10.00	44:14	4:25	1	-	58	10:22	20.00	1:32:33	4:37	2	2:19	64	23:10