



27. Rennsteig Herbstlauf
Masserberg / 01.10.2017

Detailed evaluation

Maar, Frank

Number: 10089

Course: 10.00 km
10km Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 43:44

Speed: 13.72 km/h

Running performance: 4:22 min/km

Rank in course/Total: 14 (of 216)

Rank in course/Men: 14 (of 128)

Best time in course: 37:03

Rank in category: 2(of 13)

Best time in the category: 42:27