



27. Rennsteig Herbstlauf  
Masserberg / 01.10.2017

Detailed evaluation

Koch, Alexander

Number: 10013

Course: 10.00 km  
10km Strecke

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:03:51

Speed: 9.40 km/h

Running performance: 6:23 min/km

Rank in course/Total: 129 (of 216)

Rank in course/Men: 92 (of 128)

Best time in course: 37:03

Rank in category: 10(of 13)

Best time in the category: 42:27