



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Muhl, Torsten

Club: Raanzer LG

Number: 208

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:34:46

Speed: 12.66 km/h

Running performance: 4:44 min/km

Rank in course/Total: 81 (of 528)

Rank in course/Men: 79 (of 390)

Best time in course: 1:09:23

Rank in category: 11(of 65)

Best time in the category: 1:10:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	48:53	4:53	13	12:28	87	13:22	10.00	48:53	4:53	13	12:28	87	13:22
Last lap Finish	10.00	45:53	4:35	12	11:37	81	12:01	20.00	1:34:46	4:44	11	24:05	79	25:23