



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Wiegand, Tommy

Club: 30-60-90 Kärmes!

Number: 501

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:35:01

Speed: 12.63 km/h

Running performance: 4:45 min/km

Rank in course/Total: 84 (of 528)

Rank in course/Men: 82 (of 390)

Best time in course: 1:09:23

Rank in category: 23(of 60)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	49:32	4:57	27	12:25	105	14:01	10.00	49:32	4:57	27	12:25	105	14:01
Last lap Finish	10.00	45:29	4:32	21	9:22	72	11:37	20.00	1:35:01	4:45	23	21:47	82	25:38