



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Gehler, Michael

Club: Hainaer SV

Number: 405

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:35:06

Speed: 12.62 km/h

Running performance: 4:46 min/km

Rank in course/Total: 86 (of 528)

Rank in course/Men: 84 (of 390)

Best time in course: 1:09:23

Rank in category: 12(of 65)

Best time in the category: 1:10:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	48:22	4:50	11	11:57	77	12:51	10.00	48:22	4:50	11	11:57	77	12:51
Last lap Finish	10.00	46:44	4:40	13	12:28	99	12:52	20.00	1:35:06	4:45	12	24:25	84	25:43