



# 27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

## Detailed evaluation

Hesse, Martin

Number: 52

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:35:49

Speed: 12.52 km/h

Running performance: 4:47 min/km

Rank in course/Total: 94 (of 528)

Rank in course/Men: 91 (of 390)

Best time in course: 1:09:23

Rank in category: 18(of 71)

Best time in the category: 1:19:44

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Lap 1           | 10.00       | 49:26         | 4:56            | 20          | 8:48           | 100         | 13:55         | 10.00         | 49:26         | 4:56            | 20          | 8:48           | 100        | 13:55         |
| Last lap Finish | 10.00       | 46:23         | 4:38            | 21          | 7:17           | 93          | 12:31         | 20.00         | 1:35:49       | 4:47            | 18          | 16:05          | 91         | 26:26         |