



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Geiß, Heiko

Club: TSV Hollstadt

Number: 25

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:36:49

Speed: 12.39 km/h

Running performance: 4:50 min/km

Rank in course/Total: 104 (of 528)

Rank in course/Men: 101 (of 390)

Best time in course: 1:09:23

Rank in category: 20(of 71)

Best time in the category: 1:19:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	48:07	4:48	14	7:29	73	12:36	10.00	48:07	4:48	14	7:29	73	12:36
Last lap Finish	10.00	48:42	4:52	31	9:36	137	14:50	20.00	1:36:49	4:50	20	17:05	101	27:26