



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Krenz, Andreas

Club: SV Bergdorf Höhn

Number: 490

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:16:45

Speed: 15.64 km/h

Running performance: 3:50 min/km

Rank in course/Total: 7 (of 528)

Rank in course/Men: 7 (of 390)

Best time in course: 1:09:23

Rank in category: 3(of 60)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	39:25	3:56	2	2:18	6	3:54	10.00	39:25	3:56	2	2:18	6	3:54
Last lap Finish	10.00	37:20	3:44	3	1:13	7	3:28	20.00	1:16:45	3:50	3	3:31	7	7:22