



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Panse, Jens

Club: USV Erfurt

Number: 460

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:37:36

Speed: 12.30 km/h

Running performance: 4:53 min/km

Rank in course/Total: 111 (of 528)

Rank in course/Men: 108 (of 390)

Best time in course: 1:09:23

Rank in category: 8(of 45)

Best time in the category: 1:17:55

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 10.00 | 50:15 | 5:01 | 8 | 10:24 | 114 | 14:44 | 10.00 | 50:15 | 5:01 | 8 | 10:24 | 114 | 14:44 |
| Last lap Finish | 10.00 | 47:21 | 4:44 | 7 | 9:17 | 109 | 13:29 | 20.00 | 1:37:36 | 4:52 | 8 | 19:41 | 108 | 28:13 |