



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Schiffhauer, Mario

Number: 155

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:36:11

Speed: 12.48 km/h

Running performance: 4:49 min/km

Rank in course/Total: 98 (of 528)

Rank in course/Men: 95 (of 390)

Best time in course: 1:09:23

Rank in category: 6(of 45)

Best time in the category: 1:17:55

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	49:19	4:55	4	9:28	97	13:48	10.00	49:19	4:55	4	9:28	97	13:48
Last lap Finish	10.00	46:52	4:41	6	8:48	100	13:00	20.00	1:36:11	4:48	6	18:16	95	26:48