



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Bergmann, Michael

Club: Laufwerk Sömmerda

Number: 309

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:38:12

Speed: 12.22 km/h

Running performance: 4:55 min/km

Rank in course/Total: 121 (of 528)

Rank in course/Men: 117 (of 390)

Best time in course: 1:09:23

Rank in category: 15(of 65)

Best time in the category: 1:10:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	48:27	4:50	12	12:02	79	12:56	10.00	48:27	4:50	12	12:02	79	12:56
Last lap Finish	10.00	49:45	4:58	21	15:29	160	15:53	20.00	1:38:12	4:54	15	27:31	117	28:49