



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Neubauer, Ralf

Club: RakeNiNa's

Number: 581

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:38:49

Speed: 12.14 km/h

Running performance: 4:56 min/km

Rank in course/Total: 131 (of 528)

Rank in course/Men: 125 (of 390)

Best time in course: 1:09:23

Rank in category: 16(of 65)

Best time in the category: 1:10:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	10.00	50:55	5:05	19	14:30	131	15:24	10.00	50:55	5:05	19	14:30	131	15:24
Last lap Finish	10.00	47:54	4:47	15	13:38	118	14:02	20.00	1:38:49	4:56	16	28:08	125	29:26