



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Simon, Holger

Total time: 1:40:23

Number: 206

Speed: 11.95 km/h

Running performance: 5:01 min/km

Course: 20.00 km

Rank in course/Total: 147 (of 528)

20km Strecke

Rank in course/Men: 140 (of 390)

Best time in course: 1:09:23

Category:

Rank in category: 33(of 60)

Senioren M30 (30-34 Jahre)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	10.00	50:59	5:05	34	13:52	133	15:28	10.00	50:59	5:05	34	13:52	133	15:28
Last lap Finish	10.00	49:24	4:56	35	13:17	149	15:32	20.00	1:40:23	5:01	33	27:09	140	31:00