



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Manz, Stefan

Club: Kommando Krampfader

Number: 35

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:37:16

Speed: 12.34 km/h

Running performance: 4:52 min/km

Rank in course/Total: 109 (of 528)

Rank in course/Men: 106 (of 390)

Best time in course: 1:09:23

Rank in category: 24(of 71)

Best time in the category: 1:19:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	52:22	5:14	29	11:44	167	16:51	10.00	52:22	5:14	29	11:44	167	16:51
Last lap Finish	10.00	44:54	4:29	11	5:48	66	11:02	20.00	1:37:16	4:51	24	17:32	106	27:53