



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Lattermann, Jens

Club: SV Thuringia Königsee

Number: 582

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:38:50

Speed: 12.14 km/h

Running performance: 4:56 min/km

Rank in course/Total: 132 (of 528)

Rank in course/Men: 127 (of 390)

Best time in course: 1:09:23

Rank in category: 11(of 45)

Best time in the category: 1:17:55

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	50:55	5:05	11	11:04	131	15:24	10.00	50:55	5:05	11	11:04	131	15:24
Last lap Finish	10.00	47:55	4:47	10	9:51	119	14:03	20.00	1:38:50	4:56	11	20:55	127	29:27