



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Beck, Maik

Club: TSV 1921 Haselbach

Number: 579

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:40:12

Speed: 11.98 km/h

Running performance: 5:01 min/km

Rank in course/Total: 144 (of 528)

Rank in course/Men: 137 (of 390)

Best time in course: 1:09:23

Rank in category: 16(of 51)

Best time in the category: 1:20:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	49:26	4:56	13	8:04	100	13:55	10.00	49:26	4:56	13	8:04	100	13:55
Last lap Finish	10.00	50:46	5:04	25	11:11	187	16:54	20.00	1:40:12	5:00	16	19:15	137	30:49