



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Eschrich, Mirko

Club: SV Rennsteig Ernstthal

Number: 588

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:38:26

Speed: 12.19 km/h

Running performance: 4:55 min/km

Rank in course/Total: 127 (of 528)

Rank in course/Men: 122 (of 390)

Best time in course: 1:09:23

Rank in category: 31(of 60)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	50:18	5:01	29	13:11	117	14:47	10.00	50:18	5:01	29	13:11	117	14:47
Last lap Finish	10.00	48:08	4:48	31	12:01	125	14:16	20.00	1:38:26	4:55	31	25:12	122	29:03