



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Bertram, Sascha

Club: Stedtfelder RSF 1979

Number: 192

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:36:56

Speed: 12.38 km/h

Running performance: 4:51 min/km

Rank in course/Total: 107 (of 528)

Rank in course/Men: 104 (of 390)

Best time in course: 1:09:23

Rank in category: 22(of 71)

Best time in the category: 1:19:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	49:09	4:54	18	8:31	91	13:38	10.00	49:09	4:54	18	8:31	91	13:38
Last lap Finish	10.00	47:47	4:46	25	8:41	115	13:55	20.00	1:36:56	4:50	22	17:12	104	27:33