



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Wagner, Frank

Club: GutsMuths RSLV

Number: 424

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:17:47

Speed: 15.43 km/h

Running performance: 3:53 min/km

Rank in course/Total: 8 (of 528)

Rank in course/Men: 8 (of 390)

Best time in course: 1:09:23

Rank in category: 4(of 60)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	39:46	3:58	4	2:39	8	4:15	10.00	39:46	3:58	4	2:39	8	4:15
Last lap Finish	10.00	38:01	3:48	4	1:54	8	4:09	20.00	1:17:47	3:53	4	4:33	8	8:24