



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Volkmar, Michael

Total time: 1:39:33

Number: 505

Speed: 12.05 km/h

Running performance: 4:59 min/km

Course: 20.00 km

Rank in course/Total: 140 (of 528)

20km Strecke

Rank in course/Men: 132 (of 390)

Best time in course: 1:09:23

Category:

Rank in category: 6(of 27)

Senioren M55 (55-59 Jahre)

Best time in the category: 1:30:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	51:52	5:11	10	5:52	159	16:21	10.00	51:52	5:11	10	5:52	159	16:21
Last lap Finish	10.00	47:41	4:46	6	3:27	113	13:49	20.00	1:39:33	4:58	6	9:19	132	30:10