



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Fleischhauer, Jens

Club: SV Bergdorf Höhn

Number: 480

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:17:55

Speed: 15.40 km/h

Running performance: 3:54 min/km

Rank in course/Total: 9 (of 528)

Rank in course/Men: 9 (of 390)

Best time in course: 1:09:23

Rank in category: 1(of 45)

Best time in the category: 1:17:55

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	39:51	3:59	1	-	9	4:20	10.00	39:51	3:59	1	-	9	4:20
Last lap Finish	10.00	38:04	3:48	1	-	9	4:12	20.00	1:17:55	3:53	1	-	9	8:32