



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Krannich, Steffen

Club: Beachvolleyball Club Altenfeld

Number: 515

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:40:41

Speed: 11.92 km/h

Running performance: 5:02 min/km

Rank in course/Total: 155 (of 528)

Rank in course/Men: 146 (of 390)

Best time in course: 1:09:23

Rank in category: 13(of 45)

Best time in the category: 1:17:55

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	51:16	5:07	13	11:25	144	15:45	10.00	51:16	5:07	13	11:25	144	15:45
Last lap Finish	10.00	49:25	4:56	14	11:21	150	15:33	20.00	1:40:41	5:02	13	22:46	146	31:18