



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Stephan, Günter

Total time: 1:40:30

Number: 396

Speed: 11.94 km/h

Running performance: 5:02 min/km

Course: 20.00 km

Rank in course/Total: 152 (of 528)

20km Strecke

Rank in course/Men: 143 (of 390)

Best time in course: 1:09:23

Category:

Rank in category: 8(of 27)

Senioren M55 (55-59 Jahre)

Best time in the category: 1:30:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	51:07	5:06	7	5:07	141	15:36	10.00	51:07	5:06	7	5:07	141	15:36
Last lap Finish	10.00	49:23	4:56	8	5:09	148	15:31	20.00	1:40:30	5:01	8	10:16	143	31:07