



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Carl, Rene

Club: Walschberg Runners

Number: 106

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:43:02

Speed: 11.65 km/h

Running performance: 5:09 min/km

Rank in course/Total: 188 (of 528)

Rank in course/Men: 177 (of 390)

Best time in course: 1:09:23

Rank in category: 33(of 71)

Best time in the category: 1:19:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	52:41	5:16	30	12:03	175	17:10	10.00	52:41	5:16	30	12:03	175	17:10
Last lap Finish	10.00	50:21	5:02	35	11:15	178	16:29	20.00	1:43:02	5:09	33	23:18	177	33:39