



27. Rennsteig Herbstlauf  
Masserberg / 01.10.2017

Detailed evaluation

Staude, Sylke

Number: 10084

Course: 10.00 km  
10km Strecke

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:13:47

Speed: 8.13 km/h

Running performance: 7:23 min/km

Rank in course/Total: 182 (of 216)

Rank in course/Women: 69 (of 88)

Best time in course: 48:58

Rank in category: 12(of 13)

Best time in the category: 56:14