



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Hecker, Thomas

Total time: 1:44:18

Number: 429

Speed: 11.51 km/h

Running performance: 5:13 min/km

Course: 20.00 km

Rank in course/Total: 204 (of 528)

20km Strecke

Rank in course/Men: 189 (of 390)

Best time in course: 1:09:23

Category:

Rank in category: 38(of 60)

Senioren M30 (30-34 Jahre)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	54:32	5:27	46	17:25	211	19:01	10.00	54:32	5:27	46	17:25	211	19:01
Last lap Finish	10.00	49:46	4:58	36	13:39	161	15:54	20.00	1:44:18	5:12	38	31:04	189	34:55