



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Buchda, Daniel

Number: 1

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:40:21

Speed: 11.96 km/h

Running performance: 5:01 min/km

Rank in course/Total: 146 (of 528)

Rank in course/Men: 139 (of 390)

Best time in course: 1:09:23

Rank in category: 17(of 51)

Best time in the category: 1:20:57

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	50:59	5:05	17	9:37	133	15:28	10.00	50:59	5:05	17	9:37	133	15:28
Last lap Finish	10.00	49:22	4:56	17	9:47	147	15:30	20.00	1:40:21	5:01	17	19:24	139	30:58