



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Raab, Maximilian

Club: TSG Niederfüllbach

Number: 574

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:37:51

Speed: 12.26 km/h

Running performance: 4:53 min/km

Rank in course/Total: 116 (of 528)

Rank in course/Men: 113 (of 390)

Best time in course: 1:09:23

Rank in category: 28(of 60)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	50:52	5:05	33	13:45	129	15:21	10.00	50:52	5:05	33	13:45	129	15:21
Last lap Finish	10.00	46:59	4:41	26	10:52	103	13:07	20.00	1:37:51	4:53	28	24:37	113	28:28