



# 27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

## Detailed evaluation

**Ebert, Christian**

Club: Lauffreunde.de

Number: 559

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:42:06

Speed: 11.75 km/h

Running performance: 5:07 min/km

Rank in course/Total: 174 (of 528)

Rank in course/Men: 164 (of 390)

Best time in course: 1:09:23

Rank in category: 20(of 65)

Best time in the category: 1:10:41

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	52:57	5:17	27	16:32	186	17:26	10.00	52:57	5:17	27	16:32	186	17:26
Last lap Finish	10.00	49:09	4:54	19	14:53	143	15:17	20.00	1:42:06	5:06	20	31:25	164	32:43