



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Wieseke, Stefan

Club: Grabfeld-Runners

Number: 225

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:42:00

Speed: 11.76 km/h

Running performance: 5:06 min/km

Rank in course/Total: 173 (of 528)

Rank in course/Men: 163 (of 390)

Best time in course: 1:09:23

Rank in category: 32(of 71)

Best time in the category: 1:19:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	51:39	5:09	27	11:01	152	16:08	10.00	51:39	5:09	27	11:01	152	16:08
Last lap Finish	10.00	50:21	5:02	35	11:15	178	16:29	20.00	1:42:00	5:05	32	22:16	163	32:37