



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Osterroth, Thomas

Club: Ratzeburger SV

Number: 165

Course: 20.00 km

20km Strecke

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:44:48

Speed: 11.45 km/h

Running performance: 5:14 min/km

Rank in course/Total: 212 (of 528)

Rank in course/Men: 195 (of 390)

Best time in course: 1:09:23

Rank in category: 4(of 14)

Best time in the category: 1:28:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	53:01	5:18	4	7:14	187	17:30	10.00	53:01	5:18	4	7:14	187	17:30
Last lap Finish	10.00	51:47	5:10	5	8:49	206	17:55	20.00	1:44:48	5:14	4	16:03	195	35:25