



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Kämpfer, Jörg

Club: USV Jena

Number: 80

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:41:12

Speed: 11.86 km/h

Running performance: 5:04 min/km

Rank in course/Total: 162 (of 528)

Rank in course/Men: 152 (of 390)

Best time in course: 1:09:23

Rank in category: 15(of 45)

Best time in the category: 1:17:55

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	51:44	5:10	15	11:53	157	16:13	10.00	51:44	5:10	15	11:53	157	16:13
Last lap Finish	10.00	49:28	4:56	15	11:24	153	15:36	20.00	1:41:12	5:03	15	23:17	152	31:49