



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Balsam, Martin

Club: Berufsfeuerwehr GTH

Number: 289

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:41:58

Speed: 11.77 km/h

Running performance: 5:06 min/km

Rank in course/Total: 172 (of 528)

Rank in course/Men: 161 (of 390)

Best time in course: 1:09:23

Rank in category: 31(of 71)

Best time in the category: 1:19:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	53:35	5:21	33	12:57	196	18:04	10.00	53:35	5:21	33	12:57	196	18:04
Last lap Finish	10.00	48:23	4:50	29	9:17	133	14:31	20.00	1:41:58	5:05	31	22:14	161	32:35