



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Fölsche, Romy

Club: Laufwerk Moosbach

Number: 560

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:41:34

Speed: 11.81 km/h

Running performance: 5:05 min/km

Rank in course/Total: 165 (of 528)

Rank in course/Women: 10 (of 138)

Best time in course: 1:23:29

Rank in category: 3(of 12)

Best time in the category: 1:39:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Women	Behind Women	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	10.00	51:33	5:09	3	0:26	8	8:14	10.00	51:33	5:09	3	0:26	8	8:14	
Last lap Finish	10.00	50:01	5:00	3	1:59	11	9:51	20.00	1:41:34	5:04	3	2:25	10	18:05	