



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Heine, Benjamin

Total time: 1:36:14

Number: 448

Speed: 12.47 km/h

Running performance: 4:49 min/km

Course: 20.00 km

Rank in course/Total: 99 (of 528)

20km Strecke

Rank in course/Men: 96 (of 390)

Best time in course: 1:09:23

Category:

Rank in category: 19(of 71)

Senioren M35 (35-39 Jahre)

Best time in the category: 1:19:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	50:24	5:02	23	9:46	123	14:53	10.00	50:24	5:02	23	9:46	123	14:53
Last lap Finish	10.00	45:50	4:35	17	6:44	80	11:58	20.00	1:36:14	4:48	19	16:30	96	26:51