



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Brückner, Sascha

Number: 438

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:46:29

Speed: 11.27 km/h

Running performance: 5:19 min/km

Rank in course/Total: 221 (of 528)

Rank in course/Men: 201 (of 390)

Best time in course: 1:09:23

Rank in category: 42(of 60)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	53:41	5:22	44	16:34	198	18:10	10.00	53:41	5:22	44	16:34	198	18:10
Last lap Finish	10.00	52:48	5:16	45	16:41	220	18:56	20.00	1:46:29	5:19	42	33:15	201	37:06