



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Gebuhr, Thomas

Club: Saalfelder LV

Number: 404

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:42:38

Speed: 11.69 km/h

Running performance: 5:08 min/km

Rank in course/Total: 182 (of 528)

Rank in course/Men: 172 (of 390)

Best time in course: 1:09:23

Rank in category: 22(of 65)

Best time in the category: 1:10:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	10.00	50:54	5:05	18	14:29	130	15:23	10.00	50:54	5:05	18	14:29	130	15:23
Last lap Finish	10.00	51:44	5:10	28	17:28	205	17:52	20.00	1:42:38	5:07	22	31:57	172	33:15