



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Irrgang, Matthias

Number: 40

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:46:47

Speed: 11.24 km/h

Running performance: 5:20 min/km

Rank in course/Total: 227 (of 528)

Rank in course/Men: 205 (of 390)

Best time in course: 1:09:23

Rank in category: 43(of 60)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	55:11	5:31	48	18:04	223	19:40	10.00	55:11	5:31	48	18:04	223	19:40
Last lap Finish	10.00	51:36	5:09	41	15:29	202	17:44	20.00	1:46:47	5:20	43	33:33	205	37:24