



# 27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

## Detailed evaluation

Trautmann, Jürgen

Number: 350

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:46:54

Speed: 11.23 km/h

Running performance: 5:20 min/km

Rank in course/Total: 229 (of 528)

Rank in course/Men: 207 (of 390)

Best time in course: 1:09:23

Rank in category: 31(of 65)

Best time in the category: 1:10:41

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	55:04	5:30	35	18:39	222	19:33	10.00	55:04	5:30	35	18:39	222	19:33
Last lap Finish	10.00	51:50	5:11	29	17:34	207	17:58	20.00	1:46:54	5:20	31	36:13	207	37:31