



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Wolff, Nadja

Total time: 1:44:30

Number: 184

Speed: 11.48 km/h

Running performance: 5:13 min/km

Course: 20.00 km

Rank in course/Total: 208 (of 528)

20km Strecke

Rank in course/Women: 16 (of 138)

Best time in course: 1:23:29

Category:

Rank in category: 4(of 30)

Seniorinnen W35 (35-39 Jahre)

Best time in the category: 1:38:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.00	52:57	5:17	4	1:26	15	9:38	10.00	52:57	5:17	4	1:26	15	9:38
Last lap Finish	10.00	51:33	5:09	4	5:06	19	11:23	20.00	1:44:30	5:13	4	5:49	16	21:01