



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Ihling, Stephan

Club: SV Fortuna Möhra

Number: 320

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:47:50

Speed: 11.13 km/h

Running performance: 5:23 min/km

Rank in course/Total: 241 (of 528)

Rank in course/Men: 217 (of 390)

Best time in course: 1:09:23

Rank in category: 43(of 71)

Best time in the category: 1:19:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	10.00	56:08	5:36	49	15:30	244	20:37	10.00	56:08	5:36	49	15:30	244	20:37
Last lap Finish	10.00	51:42	5:10	39	12:36	204	17:50	20.00	1:47:50	5:23	43	28:06	217	38:27